

Nu Clear Wellbeing Health and Safety Policy

(10/4/21)

Nu Clear Wellbeing is run online and from multi-use space as a home-clinic environment. Joanna usually works with 1 at a time within one room per day.

Therapist, Joanna Rennie, has no employees. Joanna's work is primarily undertaken online or in another location, but she does have some on-site tasks and appointments. Joanna is responsible for her own health and safety within her home clinic space and the health and safety of her clients. Joanna takes responsibility for the cleanliness of the treatment room during client appointments.

Joanna hires one company for cleaning assistance who are responsible for regular cleaning of the treatment room, entranceways and washroom facilities and their own safety at work.

Policy Statement

Part 1: Statement of intent

This is the health and safety policy statement of:

Nu Clear Wellbeing

Our health and safety policy is to:

- prevent accidents and cases of venue-related ill health.
- manage health and safety risks in our venue.
- provide personal protective equipment where related to venue-safety.
- provide and maintain safe venues and equipment.
- ensure safe handling of substances.
- maintain safe and healthy venue conditions.
- Implement emergency procedures, including evacuation in cases of fire or significant incident.
- review and revise this policy regularly.

Signed: Joanna Rennie

Printed name: Joanna Rennie

Date: 10/04/2021

Review date: 10/04/2021

Part 2: Responsibilities for health and safety

1 Overall and final responsibility for health and safety:

Joanna Rennie (Therapist)

2 day-to-day responsibility for ensuring this policy is put into practice:

Joanna Rennie (Therapist)

3 To ensure health and safety standards are maintained/improved, the following people have responsibility in the following areas:

Joanna Rennie – practise-related safety, risk assessments, consulting practitioners, venue-related accidents, venue-related ill-health, monitoring, accident and venue-related ill-health investigation, providing information on emergency procedures, providing information on fire and evacuation, maintaining equipment, practise-related accidents, first aid and work-related ill health, actioning emergency procedures, actioning fire and evacuation plans.

4 Joanna Rennie should:

- Stay informed and implement health and safety for her practise;
- Take reasonable care of her own and her client's health and safety; and
- Address all health and safety concerns as soon as reasonably possible after they are noticed.

Part 3: Arrangements for health and safety

Risk assessment

- Joanna Rennie will complete relevant risk assessments and take action on items she has not already have implemented.
- Joanna Rennie will review risk assessments when working habits or conditions change.

Training

- Joanna Rennie will stay updated with health and safety information including government guidelines, emergency procedures and venue-related safety.
- Joanna Rennie will provide personal protective equipment where for safe practise and for the safety of use of the building
- Joanna Rennie will keep up to date on first aid training/information and safety measures required for safe practise.
- Joanna Rennie has completed a coronavirus awareness course.

Consultation

- Joanna Rennie will consult on health and safety matters as they arise and formally when we review health and safety.

Evacuation

- Joanna Rennie will make sure escape routes are explained to clients and kept clear at all times.
- Evacuation plans are tested from time to time and updated if necessary.